

## Small Plates & Shareables

**Grilled Sourdough** 7.50  
slowly fermented sourdough brushed with garlic butter, served with grilled red pepper & tomato dip **vg**

**Flat Cap Mushrooms** 8.50  
stuffed with stilton, sourdough & herb crumb **vg**

**Sticky Beef Taco** 9.50  
with green salsa, flour tortilla, avocado, lettuce, pickled onions & jalapenos

**Urban Platter**  
19.95

perfect for sharing, sticky beef, chicken wings, gammon, pork belly, stuffed mushrooms & greek slaw

**Vegetarian Platter**  
19.95

piri piri roasted squash, grilled asparagus, chimichurri potatoes, stuffed mushrooms, greek slaw & houmous **vg vm**

**Pork Belly Burnt Ends** 8.50  
cooked low & slow then glazed with house bbq sauce **gf**

**Prawn & Crayfish Cocktail** 9.50  
marie rose sauce, shredded lettuce, toasted sourdough, tomato & lemon

**Pil Pil King Prawns** 12.50  
confit garlic, pickled chilli, smoked paprika butter, grilled sourdough

**Chicken Wings Al Pastor** 8.50  
marinated chicken wings mopped with smoked paprika, pineapple & black pepper **gf**

## Sandwiches

Served Monday to Saturday 12pm to 5pm  
All served with skinny fries

**The Club** 13.95  
sliced chicken, bacon, tomato & lettuce with gravy mayo

**King Prawn and Crayfish** 13.95  
marie rose sauce, juicy king prawns, crayfish

**Trencher** 14.95  
roast beef, gammon & chicken with stuffing & dipping gravy

**The Veggie Sandwich** 13.95  
smashed squash, garlic peppers, sunflower seeds, aged feta **vg**

### LOYALTY REWARDS

Unlock exclusive benefits and earn rewards by signing up to our loyalty club



VG - Vegetarian  
VM- Vegan Modifiable  
GF - Gluten Free

## Pub Classics

**Honey Glazed Gammon** 17.50  
with two fried hens eggs, pineapple & chilli chutney & chunky chips **gf**

**14 hour Braised Beef & Ale Pie** 17.95  
with buttered mash, red wine gravy & greens

**Hand Battered Cod** 17.95  
chunky chips, mushy peas & homemade tartare sauce

**Prime Beef Burger** 17.95  
chargrilled burger with gravy mayo, smoked applewood cheese, bacon & onion relish served, with skinny fries

**“The Mexican” Chicken Burger** 17.50  
buttermilk chicken breast with smashed avocado, jalapeno & cheese mayo, served with skinny fries

**Veggie Burger** 17.50  
plant burger, vegan mayo, red onion chutney, summer salad & served with skinny fries **ve**

**Summer Salad** 15.95  
seasonal leaves, cherry tomatoes, olives, smashed avocado & dressing **gf**

**Customise your salad with the following options**

Flattened Chicken Scallopini 17.95

Honey Roast Gammon & Pineapple Chutney 17.50

Crispy Cod Goujons & Tartare Sauce 16.95

“KFC” Korean Fried Chicken & Gochujang 17.95

Chickpea Falafels & Houmous **vg ve** 16.95

Crusty Garlic & Herb Bread **vg** 16.95

## Urban Flavours

**Chicken Shawarma** 16.95  
shawarma spiced chicken served on flatbread with houmous, salad, chilli mayo & pickles

**Pork Au Poivre** 21.50  
pan fried pork medallions, rich creamy pepper sauce, champ mash & tenderstem broccoli

**Piri Piri Half Chicken** 18.95  
served with rosemary salted fries, tomato & onion chutney & frickles

**Pan Roasted Rump of Lamb** 23.95  
rubbed with lemon & oregano, served with chimichurri roasted potatoes & garlic peppers

**“KFC” Korean Fried Chicken** 17.50  
fried chicken breast coated with honey, soy & korean gochujang served with pak choi & steamed rice

**Rump Steak** 24.95  
8oz rump steak served with grilled plum tomato, mushroom, watercress & chunky chips **gf**

## Sunday Lunch

Every Sunday our chefs prepare succulent cuts of meat, roasted to perfection and served with all the trimmings.

**Rump Of Beef** 19.95  
slow cooked with fresh herbs

**Half Roast Chicken** 18.95  
thyme & garlic roasted chicken

**Roasted Pork Belly** 18.95  
seasoned with rosemary salt

**Plant Roast** 17.95  
seasonal plant based roast **ve**

### Sunday Sides

Cauliflower Cheese 5.50

Pigs In Blankets 6.75

Pork & Herb Stuffing 4.50

## Sides

Roasted Chimichurri Potatoes 5.00

Triple Cooked Chips 5.00

Dirty Fries, Burnt Ends, Smoked Cheese 6.50

Skinny Fries & Rosemary Maldon Salt 5.50

Smoked Garlic & Herb Butter Flatbread 5.50

Greek Slaw, Olives, Peppers & Aged Feta 5.50

Roasted Carrots, Chilli Cashew Nuts 5.50

## Desserts

**Sticky Toffee Pudding** 7.50  
rich caramel sauce & vanilla gelato

**Gelato by Gerlato Selection** 7.50  
artisanal gelato handcrafted in turin, served with baked chocolate cookie

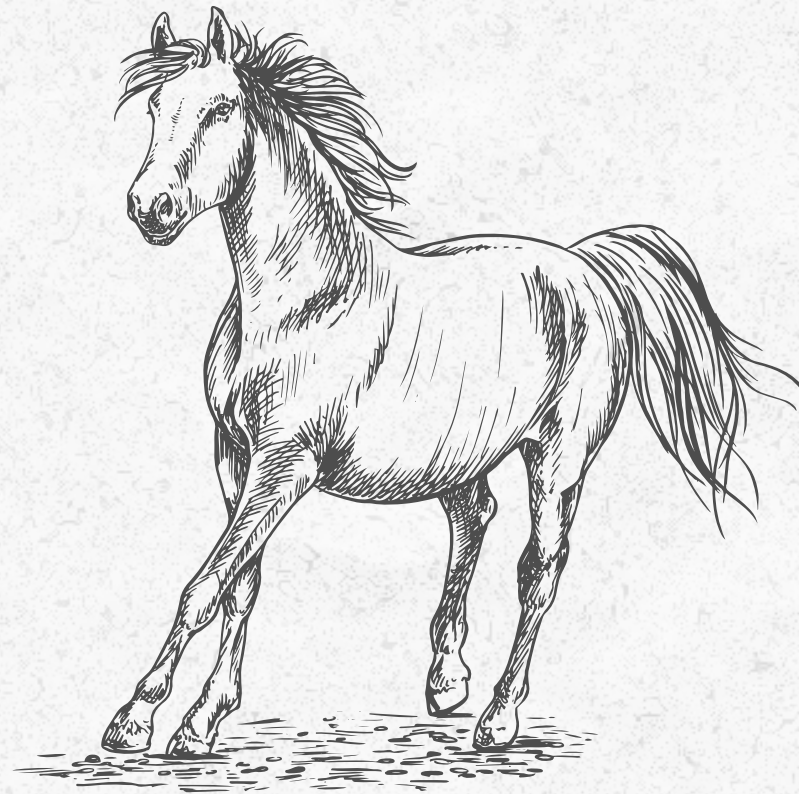
**Raspberry & Pistachio Semi Freddo** 7.50  
With raspberry coulis

**Salted Caramel Chocolate Brownie** 7.50  
rich chocolate brownie, chocolate drizzle & vanilla gelato

**Scooped Blueberry Cheesecake** 7.50  
with biscoff crumb



*the*  
**WHITE HORSE**  
RAMSDEN HEATH  
U



FOLLOW US  
ON SOCIALS



FACEBOOK



INSTAGRAM

URBAN  
FRESH

GIFT  
VOUCHERS



visit our website to explore our selection  
of gift vouchers & experiences